

2022 EMPOWERMENT CONFERENCE

Stepping Into the Spotlight

Cocktail Reception: Thursday, September 15, 2022 from 5:00 - 7:00
Butler Snow LP
Pinnacle Building, 16th Floor
150 3rd Avenue South, Suite 1600
Nashville, TN 37201

Conference: Friday, September 16, 2022 from 8:00 - 4:00
Waller Lansden Dortch & Davis, LLP
511 Union Street, Suite 2700,
Nashville, TN 37219

Conference Schedule:

8:00 a.m.	Registration opens
8:00 - 8:30	Coffee and Networking
8:30 - 8:45	Welcome and Introduction by Psonya Hackett, TLAW President
8:45 - 9:45	Morning Keynote, <i>Stepping Into the Spotlight: Curating Your Personal and Professional Life to Meet Your Needs</i>, Carmeon Hamilton
9:45 - 10:00	Networking Break
10:00 - 11:00	<i>Stepping Into Technology: Tech Tips to Optimize Efficiency and Reduce Stress for Lawyers</i>, Adriana Linares
11:00 - 11:15	Yoga / Mindfulness Break with Joanna McCracken
11:15 - 12:15	<i>Stepping Into High Performance: Thriving in Law and Life</i>, Emily Heird, LPC
12:15 - 12:30	Lunch Break

- 12:30 - 1:00 **Lunch Keynote, *Recognizing Obstacles and Tips for Building Your Future in the Legal Profession*, Hon. Jane Branstetter Stranch, U.S. Court of Appeals for the Sixth Circuit**
- 1:00 - 1:30 ***Stepping Up: TLAW's Past, Present, and Future as Tennessee's Statewide Bar Association for Women***
- Moderator: Wendy Longmire, TLAW Past President (2013-2014)
Psonya Hackett, TLAW President
Loretta Cravens, TLAW Immediate Past President
Hon. Carol McCoy, Former Chancellor of the 20th Judicial District
- 1:30 - 1:45 Annual Meeting / Swearing in Ceremony for TLAW Officers
- 1:45 - 2:45 ***Stepping Onto the Bench: Ethical Considerations and Practice Tips***
- Moderator: Hon. Holly Kirby, Tennessee Supreme Court Justice
Hon. Cynthia Wyrick, U.S. Magistrate Judge, E.D. Tenn.
Hon. Kristi Davis, Tennessee Court of Appeals
Hon. Bonita Jo Atwood, Circuit Court 16th Judicial District
- 2:45 - 3:00 Sponsor Recognition and Announcements / Closing Remarks
- 3:00 - 4:00 ***Stepping Into Law Leadership***
- Moderator: Julie Peak, Liberty Mutual Group, Inc.
Sherie Edwards, State Volunteer Mutual Ins. Co.
Dannelle Whiteside, Austin Peay State University
Kara Shea, Butler Snow LP
Laura Brown, TN Alliance for Legal Services
Yanika Smith-Bartley, Asurion, LLC